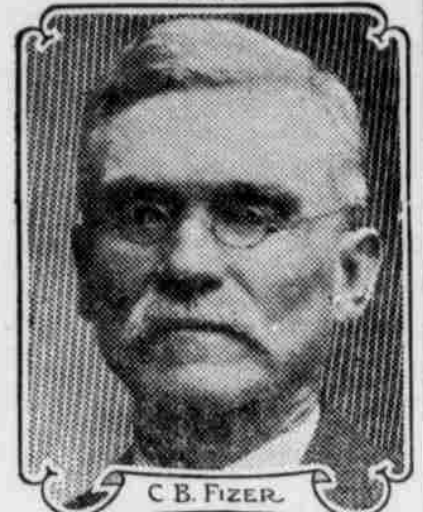


## KIDNEY TROUBLE

Suffered Two Years—Relieved in Three Months



C. B. FIZER.

MR. C. B. FIZER, Mt. Sterling, Ky., writes:

"I have suffered with kidney and bladder trouble for ten years past."

Last March I commenced using Peruna and continued for three months. I have not used it since, nor have I felt a pain.

"I believe that I am well and therefore give my highest commendation to the curative qualities of Peruna."

## Per-na for Kidney Trouble.

Mrs. Geo. H. Simser, Grant, Ontario, Can., writes:

"I had not been well for about four years. I had kidney trouble, and, in fact, felt badly nearly all the time."

"This summer I got so very bad I thought I would try Peruna, so I wrote to you and began at once to take Peruna and Manalin."

"I took only two bottles of Peruna and one of Manalin, and now I feel better than I have for some time."

"I feel that Peruna and Manalin cured me and made a different woman of me altogether. I bless the day I picked up the little book and read of your Peruna."

It is the business of the kidneys to remove from the blood all poisonous materials. They must be active all the time, else the system suffers. There are times when they need a little assistance.

Peruna is exactly this sort of a remedy. It has saved many people from disaster by rendering the kidneys service at a time when they were not able to bear their own burdens.

## ODD EATING CUSTOMS.

Fraxilians never eat when they drink, nor drink when they eat; and the Tartars continually persist in pulling a guest by the ear until he drinks. Maldivians retire to the darkest part of the houses and hang curtains about them, so that none of their fellowmen may see them at their meal.

When they desire to show a mark of great esteem, the negroes of Ardra drink from the same cup at the same time, and the King of Loango used to eat and drink in two separate houses.

The Philippine Islander will not eat a meal alone. Whenever a Filipino finds himself without a companion with whom to share his meal, he will abstain from eating until he has found one.

A strange custom prevails in Kamchaka, where a man who wishes to entertain a guest invites him into a cabin, which is heated to an excessive temperature, and then presses him with food until he is in a state of torpor. Instances of men dying at these orgies have been known.

The Tahitians, though a naturally sociable race, dine separately. Even the man and his wife do not eat together. Each member of the family has his own food-basket. They take their places about five yards apart, and then, turning their backs to each other, dine amid a profound silence.

## PROFIT POINTERS.

Nobody wants an over-anxious man. He gets on one's nerves.

Did you ever know a "tricky" man to make a permanent success?

Matter is composed of atoms. Businesses are built up by attention to details.

Business is not necessarily hard work. Make it good fun, and you'll do more.

## The Modern Way.

"My dear, you must really take Freddy in hand about the way he uses slang. To-day he asked me what entomology was, and I told him the science of bugs."

"Well?"

"Then he asked me if an entomologist was a crazy man."—Baltimore American.

## Nothin' Doin'.

"Want 'ny lee?"

"It's fresh?"

"Yep."

"Bring me up a two-cent chunk."

"Where 're ye at?"

"Six floor, back."

"Gee awp!"—Judge.

## With Some People.

A joke is not a joke when you have to listen to it instead of telling it.—N. Y. Press.



## TO AID A HOSTESS

INTENDED TO HELP OUT A PERPLEXED ENTERTAINER.

An Evening on Mt. Olympus Requires the Guests Know Considerable Grecian Mythology—An Easy Floral Contest.

An Evening on Mt. Olympus. This charming evening was original with the hostess and afforded the guests much pleasure. It is especially adapted to school girls and boys, or to those who are inclined to study ancient history. By giving a hint to the guests to take a glimpse over their "Mythology" it will make the affair more enjoyable.

In the invitation those who are asked to assemble on "Mt. Olympus" are requested to appear attired as a "god" or "goddess." The rooms are profusely decorated with garlands of artificial roses and the hostess is extremely attractive in her costume of "Hebe." After all have arrived, pass a cornucopia entwined with wheat, which contains a sprig of laurel, a sunflower, narcissus, iris, olive, a partridge, a spider (these two may be found in the toy or favor department), a trident, and a host of other objects to be found by looking over a book on "Mythology." Each person draws an object and proceeds to give its particular legend. When a person is not able to guess, anyone else is at liberty to tell the story. To the one who tells the most "tales" award a copy of Hawthorne's ever pleasing "Tanglewood Tales."

If the hostess wishes, those who fail to tell any stories may be commanded to tell a fable to the "gods." The dining room table is strewn with roses and rose petals, the centerpiece being a large epergne filled with grapes of different varieties. Featcock feathers garnish this effective piece, while from the chandelier a huge "horn of plenty" is suspended by rose garlands, which extend to the four corners of the table, where they are fastened by rose and peacock blue ribbons. The place cards are small "horns of plenty," bearing a suitable quotation. The usual refreshments are served, with the addition of "nectar," which is a fruit lemonade with plenty of Maraschino cherries, and instead of ice cream "ambrosia," the food of the "gods," is served, the glasses being decorated with a rose and smilex. When ready to leave the table the hostess pulls a ribbon which tips the "horn of plenty" and a shower of daintily wrapped confections mingled with confetti is the final surprise provided by this thoughtful hostess.

## A Floral Contest.

The floral games have proved so popular that this one, while old, may be new to some. At any rate it is very good and appeared so long ago that its revival will be welcomed by the many hostesses who are seeking guessing contests.

My first wears my second on her foot (Lady's slipper).

A Roman numeral (IV—ivy).

The hour before my English cousin's tea (Four o'clock).

A very gay and ferocious animal (Dandelion).

My first is often sought for my second (Marigold).

A young man's farewell to his sweetheart (For-get-me-not).

Her reply to him (Sweet William).

My first is as sharp as needles; my second is as soft as down (Thistle-down).

My first is a country in Asia; my second is the name of a prominent New York family (China aster).

My first is the name of a bird; my second is worn by cavalymen (Larkspur).

A church official (Elder).

A very precise lady (Primrose).

A tattered songster (Ragged robin).

My first is sly but cannot wear my second (Fox glove).

The color of a horse (Sorrel).

A Dutch flower (Tulip).

My first is an implement of war; my second is a place where money is coined (Spear mint).

A nickname for a physician (Doc).

Fragrant letters (Sweet peas).

My first is a white wood; my second a yellow Rhenish wine (Hollyhock).

What a father says to his son John in the morning (Johnny jump up).

My first is a gay countenance; my second the name of a tall, fair lady (Tiger lily).

My first is made in a dairy; but seldom served in my second (Buttercup).

My first wears my second on his head (Cockcomb).

A close companion (Stick tight).

A fashionable color (Heliotrope).

For prizes give a box of buttercup candles and a bouquet of flowers. If a third or consolation prize is desired, tiny artificial plants for 10 or 15 cents may be obtained.

## MADAME MERRI.

## Cucumber Milk.

Slice without peeling four large cucumbers, add a cupful of water, boil until soft, cool and strain. To one and one-half ounces of juice add equal portion of alcohol and one-fourth ounce powdered castile soap; let stand over night, add eight ounces of cucumber juice, one ounce of oil of sweet almonds, 20 drops of tincture of benzoin and a pinch of boracic acid. Shake well. Apply twice a day with a sponge.

## Proper Corset.

The proper corset will make the abdomen less prominent. Have the hose supporters placed at the front of the corset and drawn fairly tight.

## FOR A FORMAL DINNER.

Shape of Table and What Is on the Cloth Before the First Course Appears.

A square or round dining table is much more attractive than a long narrow one. If your table is too small to accommodate the number of guests invited you could have a large separate top made of white pine, which could be laid on the fixed smaller one.

Before the cloth is laid, a thickness of white felt or double-faced cotton flannel should be placed on the board; upon this spread the white damask linen cloth and be careful to have the central fold of the cloth directly in the middle of the table. Center pieces of lace or linen are no longer used over a tablecloth.

If you have a handsome round silver tray you might stand it in the center of the table under the vase or bowl of flowers. Four silver candlesticks with prettily shaded candles should be placed at equal distances around the table, and at the corners of the table should be stood small vases of flowers. Some persons have the carafes of water, decanters of wine, salt cellars and pepper pots stood on the table, but, as a rule, at a large and formal dinner these are placed on side table and only the compotier of bonbons and small dishes of salted nuts are arranged at equal distances between the centerpiece and plates.

## A WORD TO EVERY WOMAN

Change the Entire Clothing to Get a Thorough Rest—The Food That Refreshes.

Every woman should learn how to change her clothing. Take off the shoes you have been wearing all day and put on other shoes. The pinch will come in a different place.

Take off the blouse you have worn all day, and the collar which has been round your throat since morning, and put on a different blouse and a different collar. You have no idea how a fresh blouse rests one, and especially a fresh piece of neckwear. The pinch goes on a different set of muscles.

Changing the underwear is a good plan, and best of all is changing the corsets. The bones will rub, no matter how carefully you plan things, and a new corset makes you feel as though you were just beginning a day instead of finishing one.

The tired out woman usually eats the wrong kind of food. When tired one should select food not for their food value alone but for their recuperative powers. Hot soup of any kind quickly refreshes the tired woman.

## SOME BEAUTY POINTS.

Hands Important, The Hair and Poise of Head, Complexion, the Figure and Grace.

"A beauty is known by her hands. The nails must be very long and quite oval shaped with a tiny moon at the base of each."

"A beauty is known by her hair, which must be glossy and elegantly dressed. Its color must be clear and pure, not clouded or mottled, and, of course, there must not be a suspicion of bleach in it."

"A beauty is known by the way she carries her head. She must not toss it nor must she stiffen her neck. She must carry it very well back, as though she were accustomed to rise."

"A beauty is known by her complexion. A blemish would be intolerable to a woman of right proclivities. Her skin must be clearer than that of any peach."

"A beauty is known by her figure. There never lived a stout beauty. And a beauty is known by her bearing. Awkwardness is intolerable."

## Good Church Dress.

For morning wear, church-going or informal calls nothing takes the place of a thin, so-called summer silk, unlined. For such gowns radium silks are more in favor than India and China silks and washable taffetas of last season. Usually they are light in tone—pin checks or hair lines in grays, blues, tans or black and white, with an opalescent sheen that adds much to their beauty. A very little of the darker shade in a plain silk is used on these gowns to give them character; also a little hand embroidery in cream, ecru or white. On the whole, though, they are kept very simple. The little jacket's draped in front in almost fachu shape or caught in several places in bow ends are unusually stylish on slender figures.

## A Going Away Gown.

Smart English mohairs, of chiffon quality and silk-like finish, are high favorites for this going-away costume, as they combine with their easily recognized beauty practical qualities of durability that especially suit them for traveling wear. Braids and buttons are the approved trimmings for this traveling suit, and these are shown in such variety and in such patterns that the most fastidious must be pleased.

## Fad in Sofa Pillows.

It is a fad to have sofa pillows combine as many shades of one color as possible without introducing a foreign tone. Various shades of red which harmonize well are excellent for a couch.

## For Excessive Perspiration.

For excessive perspiration of the hands, dip the palms of the hands in very hot water, and then rub into them dry boracic acid, or use a saturated solution of boracic acid in alcohol.

## The Transfiguration

Sunday School Lesson for June 17, 1906  
Specially Prepared for This Paper.

LESSON TEXT.—Luke 9: 28-36. Memory verses 30, 31.

LESSON TEXT.—Luke 9: 28-36. Memory verses 30, 31.

TIME.—Autumn of A. D. 29, a week after last lesson.

PLACE.—One of the spurs of Mount Hermon, in the region of Casarea, Philippi.

SCRIPTURE REFERENCES.—The place of prayer in Christ's life: Luke 4: 21, 22; 6: 12, 13; 9: 18; Matt. 14: 23-25; John 6: 1-13; 17: 1-26; Luke 22: 39-46; Mark 14: 32-42; Luke 23: 34, 46; Matt. 27: 46; Heb. 5: 7. The special revelation of Peter, John, and James to Christ: Mark 9: 2; Matt. 16: 17; Matt. 20: 21-23; Luke 9: 34; John 13: 6-9; 23: 2, 26-28; Luke 22: 31, 32; Mark 14: 32, 37; John 18: 10, 11, 18; Mark 16: 7; John 20: 2, 13. The great events of the Bible that took place on mountains: Sinai, Horeb, Nebo, Olives, Pisgah, Beer, Zion, Tabar, Ebal, Gerizim, Gilboa, Mount of Olives, Calvary. Other descriptions of the glory of Christ: John 1: 14; 14: 1-6; Acts 9: 28, 29; Rev. 1: 12-16. Other occasions when the Father was heard speaking to Christ: Matt. 3: 16, 17; John 1: 1, 2; 3: 34, 35; 8: 16, 17; 12: 41, 42. The sequel to the story: Mark 9: 29-32.

## Comment and Suggestive Thought.

V. 28. "About an eight days." Matthew says that six full days intervened. Luke, counting the day on which the conversation referred to took place, and the day on which Jesus and the three went up the mount, reckons the time as "about" eight days. "These sayings," Jesus' words concerning his death and subsequent glory, "Peter and John and James." The inner group in closest sympathy with their Master. "Into a mountain." Christ has glorified many mountains in Palestine with memories of his prayerful presence. "To pray." Another glimpse of Jesus' habit of prayer. It would be hard to imagine a busier life than our Lord lived; yet he spent much time in prayer. He ordinarily chose the night for this purpose. This fact, as well as the drowsiness of the disciples, leads us to think it probable the transfiguration occurred in the night.

V. 29. "Fashion . . . altered." In other records it is said: "That he was transfigured before them," "that is, he was changed in his appearance. Luke specifies that the change related to his face and his clothing. Matthew says "his face did shine as the sun." "White and glistening." Literally, "lightening forth." It was because the inward radiance shone through.

V. 30. "Two men." They were by some means recognized as Moses and Elias.

V. 31. "Appeared in glory." In their glorified bodies. "Spoke of his decease." Literally, his "exodus;" Jesus' departure from this world by way of the cross. A few days before this, when Jesus told about his intention to go to the cross, the apostles were surprised and terrified. It would undoubtedly change their feeling to know how these things were considered by the heavenly hosts. But what more fitting theme for conversation could there have been? For was not Christ's death the hour of his supreme triumph, his day of crowning?

V. 32. "Heavy with sleep." They are not to be condemned for their drowsiness. Their bodies were fatigued by mountain climbing; it was probably night time.

V. 33. "As they departed (were departing)." As Moses and Elijah indicated that they were about to return to heaven. "Peter said." Impulsive Peter made this move to detain the heavenly visitors. "It is good." Peter could well feel that it was a good place for him and the other disciples, and doubtless this vision proved a great encouragement to them in the days to come. "Tabernacles." Booths of trees such as Israelites were accustomed to make for themselves at the time of the Feast of Tabernacles. "Not knowing what he said." He did not realize at the time—though probably he did later—that this was a foolish suggestion.

V. 34. "There came a cloud." A bright cloud, which frequently was a token of Jehovah's presence (Ex. 13: 21, 22; 40: 34). "Overshadowed." Enveloped them. "They feared as they entered into the cloud." It was not an ordinary mountain mist, but something felt to be supernatural, hence awesome.

V. 35. "A voice out of the cloud." The voice of God the Father, heard on two other occasions (Luke 3: 22; John 12: 28) testifying to his love for his only-begotten Son.

V. 36. "Voice was past." When the voice had ceased. Here Matthew tells us Jesus came and touched them, saying, "Arise, be not afraid." "Jesus was found alone." How long the glorification of Jesus continued is not known, though Luke tells us he did not lead his disciples down the mountain until next day. However, it is more than probable that the radiant appearance of the Saviour lasted for some time after Moses and Elias had gone. "Kept it close." Jesus bade them tell of this scene to no man until after his death and resurrection.

PRACTICAL POINTS.

V. 29. Everything pertaining to us should show the transforming power of true religion.—Rom. 12: 2.

V. 31. As companionship with Christ becomes spiritual life to us, we begin to appear with him in glory.—Col. 3: 4.

V. 33. Glimpses of future glory are granted to prepare us for present efforts to bless others.—1 John 3: 2, 3.

V. 33. Did we see the effect on others of meeting with God, we would want Him, too.—Ruth 1: 16.

V. 36. It is better to listen to the words of Jesus than to those of Moses or Elias.—Luke 11: 22.

## LIMB WASTED WITH ECZEMA

Suffered Untold Agonies—Doctor Said It Was the Worst Case—Wonderful Cure by Cuticura.

"I used the Cuticura Remedies for eczema. The doctor said it was the worst case he ever saw. It was on both limbs, from the knees to the ankles. We tried everything the doctors knew of, but the Cuticura Remedies did the most good. I was obliged to lie with my limbs higher than my head, for the pain was so terrible I could not walk. I suffered untold agonies. One limb wasted away a great deal smaller than the other, there was so much discharge from it. I found the Cuticura Remedies very soothing, and I still keep them in the house. I am very thankful to say that I am cured. I found the Cuticura Remedies all that you say they are. I hope that you may be spared many years to make the Cuticura Remedies for the benefit of persons suffering from the torture of skin diseases, such as I had. Mrs. Golding, Box 8, Ayr, Ontario, Canada, June 6, 1905."

## BITS FOR BACHELORS.

Many men think themselves self-made who are really matrimony-made. The man who avoids matrimony on account of the cares of wedded life rivals the wisecracker who secured himself against corns by having his legs amputated.

Don't marry for beauty alone. So-called beauty is a short-lived tyranny. And Theophrastus pronounced it "a silent cheat." The man who marries for beauty alone is as silly as the man who would buy a house because it had fine flowers in the front garden.

It is in life as it is with a kite; it will not fly very high until it has a string tying it down. And so the man who is tied down by half a dozen responsibilities and their mother will make a higher and stronger fight than the bachelor who, having nothing to keep him steady, is always floundering in the mud.

## Keeping Her Handy.

"That's a fine rope you have, Harker," commented the commuter with the lawn mower and the weekly ham under his arm. "What are you going to do with it?"

"Use it as a tether," replied Harker.

"Ah! New cow?"

"No, new cook."—Chicago Daily News.

## "Easy to Make."

The grocery trade and the public in general agree that D-Zerita Quick Desserts are far ahead of all other dessert products. Start using them to-day by ordering from your grocer a package of each. If not satisfied after a trial write us and get your money back. Three different products. Five flavors each. D-Zerita Quick Pudding, D-Zerita Jolly Dessert and D-Zerita Ice Cream Powder. Recipes free. Address D-Zerita, Rochester, N. Y.

"Say, I came to this dance without an invitation." "So did I. How did you work it?" "Nobody stopped me. How did you?" "Same way. My wife's giving the dance."

"She is going to marry him to reform him." "Why don't she reform him first?" "Oh! he'd have too much sense to get married then."

Mrs. Winslow's Soothing Syrup. For children teething, softens the gums, reduces inflammation, allays pain, cures wind colic, soothes a bottle. Enthusiasm won't carry you very far without backing.

## One on the Doctor.

Lawyer—I say, doctor, why are you always running us lawyers down? Doctor (dryly)—Well, your profession doesn't make angels of men, does it?

"Why, no; you certainly have the advantage of us there, doctor."—Illustrated Bits.

## How's This?

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure. F. J. CHENEY & CO., Toledo, O. We, the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligations made by him. WATSON, KIRKPATRICK & MARLEY, Wholesale Druggists, Toledo, O. Catarrh is taken internally, acting directly upon the blood and mucous surfaces of the system. Testimonials sent free. Price 15 cents per bottle. Sold by all druggists. Take Hall's Family Pills for constipation.

## No Trick at All.

Canby Dunn—Do you take any stock in the story that a man engraved the entire alphabet on the head of a pin?

Y. Knott—Certainly. He could have engraved the ten commandments on it. It was a coupling pin. Ring off.—Chicago Tribune.

The girl who waits for a man to come along and make love to her after the manner of a novel hero will remain single to the end of the chapter.

## Libby's Food Products

enable you to enjoy your meals without having to spend half your time between them over a hot cook-stove.

All the cooking is done in Libby's kitchen—a kitchen as clean and neat as your own, and there's nothing for you to do but enjoy the result.

Libby's Products are selected meats, cooked by cooks who know how, and only the good parts packed.

For a quick and delicious lunch any time, in door or out, try Libby's Melrose Plate—with Libby's Camp Sauce.

Booklet free, "How to Make Good Things to Eat." Write Libby, McNeill & Libby, Chicago.



It suffered with sore eyes, use Thompson's Eye Water

W. N. U., DETROIT, NO. 24, 1906.

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**NEW YORK.**

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Knowing the above will enable one to avoid the fraudulent imitations made by piratical concerns and sometimes offered by unreliable dealers. The imitations are known to act injuriously and should therefore be declined.

Buy the genuine always if you wish to get its beneficial effects. It cleanses the system gently yet effectually, dispels colds and headaches when bilious or constipated, prevents fevers and acts best on the kidneys, liver, stomach and bowels, when a laxative remedy is needed by men, women or children. Many millions know of its beneficial effects from actual use and of their own personal knowledge. It is the laxative remedy of the well-informed.

Always buy the Genuine-Syrup of Figs MANUFACTURED BY THE

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